

**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH**

**F A C T   S H E E T**

**AUTHORIZATION TO IMPLEMENT A MENTAL HEALTH SERVICES ACT  
FULL SERVICE PARTNERSHIP PROGRAM AT THE ROYBAL FAMILY MENTAL  
HEALTH SERVICES CLINIC  
(ALL SUPERVISORIAL DISTRICTS)  
(3 VOTES)**

**REQUEST**

Authorize the Department of Mental Health (DMH) to implement a Full Service Partnership (FSP) program, effective upon Board approval, at the directly operated Roybal Family Mental Health Services Clinic (Roybal) as identified through a Mental Health Services Act (MHSA) Community Services and Supports (CSS) Plan, Request for Services (RFS) solicitation process to provide FSP programs for children and transition-age youth (TAY) in Service Area 7 for Fiscal Year (FY) 2007-08. The Fiscal Year (FY) 2007-08 cost of the Roybal FSP program is \$428,050 consisting of \$210,322 of MHSA funding, \$128,100 of Federal Financial Participation (FFP) Medi-Cal and Healthy Families revenue, and \$89,628 in Early and Periodic Screening, Diagnosis and Treatment – State General Funds (EPSDT-SGF).

Authorize DMH to fill four (4) ordinance positions/four (4) Full-Time Equivalents (FTE's) for Roybal in excess of what is provided for in DMH's staffing ordinance, pursuant to Section 6.06.020 of the County Code and subject to allocation by the Chief Executive Office (CEO).

**PURPOSE/JUSTIFICATION**

Board approval of the recommended actions will enable DMH to augment a directly operated FSP program at Roybal for children and for TAY who are pregnant or parenting a young child. The program provides outreach services specifically to TAY aging out of Foster Care, Probation, or Mental Health Children's Services, who have a mental illness or severe emotional disturbance, are parents of young children, and/or who are at risk of homelessness in Service Area 7. In addition, the program will target young children under 5 years of age, with signs of emotional disturbance who are also at risk of removal from the care of their parent(s). The program will promote resiliency in young children and the TAY who are their parents through partnership with community providers, and a "whatever it takes" approach to service provision, in accordance with the CSS plan.

## **BACKGROUND**

The focus of the State-approved MHSA CSS Plan is on recovery-oriented services for people who are diagnosed with severe and persistent mental illness or serious problems, including children, families, and TAY. Special emphasis is placed upon individuals who are, or are at risk of becoming, homeless, incarcerated, or placed in long-term locked mental health facilities because of their mental illnesses, and on adequately and appropriately serving the unique needs of the diverse ethnic and racial groups in our County.

Consistent with the MHSA and State guidelines, over 50 percent of Los Angeles County's CSS Plan funding is devoted to development of FSP programs. FSPs are programs in which mental health consumers create their own plans for recovery and partner with professionals and peers for support in implementing their plans. In this setting, consumers receive mental health services, as well as a wide array of other services including medication support, peer support and mentoring, and assistance with achieving education, employment, housing, and social/recreational goals; assistance with accessing preventative and remedial physical health care; and 24 hours per day/7 days per week availability for emergencies and specialized programming. FSPs support consumers' efforts to make their plans become reality and do "whatever it takes" to bridge gaps for clients and help them to obtain the services they need. In short, FSPs promote recovery, wellness, and growth among consumers.

Implementation of FSP services by Roybal in Service Area 7 is expected to initiate the large-scale effort among agencies to transform service delivery to a Recovery Model approach, and the implementation of FSP services will significantly enhance the availability of a broad array of mental health services.

There is no increase in net County cost. The FY 2007-08 total annualized cost for the Roybal FSP program will not exceed \$428,050, which is fully funded by FFP Medi-Cal, EPSDT-SGF, Healthy Families, and MHSA CSS Plan funds which is included in the Department's FY 2007-08 Adopted Budget.

## **CONTRACTING PROCESS**

In June 2006, the Department released RFS No. 2 to solicit competitive bids for FSP programs to serve Children and TAY in Service Areas 1, 6 and 7. Results of RFS No. 2 include 604 Children and 340 TAY slots to 20 contract agencies for an annual total of \$16,138,300, awarded through the Department's Legal Entity Agreement Renewal and Supersession actions approved by your Board on June 12, 2007. Fifteen (15) Children

slots and ten (10) TAY slots for an annual total of \$428,050 will be awarded to Roybal. It is estimated that 969 mental health consumers will be enrolled for services when both the 20 contract agencies and Roybal's FSPs reach full capacity.

**DMH CONTACT**

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